



2026 FRO NATIONALS

Incorporating the:

INTERNATIONAL OK DINGHY, INTERNATIONAL 505 & INTERNATIONAL 470 CLASSES AUSTRALIAN CHAMPIONSHIPS

17 – 23 January 2026

Amendment to NOTICE OF RACE - NOR -04

No:	Description	Posted
NOR-04	(i) Change of Schedule of Races (ii) Change to Safety	8 Jan 2026

Changes

(i) Change of Schedule of Races

Delete:

7.1. The schedule of races is as follows:

Day	Date	Time	Event
Saturday	17 January	0800	Registration and Measurement
Sunday	18 January	0800	Registration and Measurement
		1000	Practice Session
		1800	Welcome Function
Monday	19 January	0900	Volunteer Briefing
		0930	Competitor Information Session
		1100	Earliest warning signal
Tuesday	20 January	TBA	Earliest warning signal
Wednesday	21 January	TBA	Earliest warning signal – 505 & 470 Classes Reserve Day – OK Dinghies
Thursday	22 January	TBA	Earliest warning signal
Friday	23 January	TBA	Earliest warning signal
		1800	Presentations

Replace With:

7.1. The schedule of races is as follows:

Day	Date	Time	Event
Saturday	17 January	0900-1200	Registration and Measurement
Sunday	18 January	0900-1200	Registration and Measurement
		1000	Practice Session
		1800	Welcome Function
Monday	19 January	0900	Volunteer Briefing
		0930	Competitor Information Session
		1230	First warning signal
Tuesday	20 January	1230	First warning signal
Wednesday	21 January	1230	First warning signal – 505 & 470 Classes
			Reserve Day – OK Dinghies
Thursday	22 January	1230	First warning signal
Friday	23 January	1230	First warning signal
		1800	Presentations

Delete:

7.5 The first warning signal for each day will be posted on the [Official Notice Board](#) before 1800 hours on the day prior.

(ii) Change to Safety

Delete:

13. SAFETY (International 505 ONLY)

Each boat shall carry on board at all times while afloat:

- A tow line of at least 10 metres in length and 6mm in diameter;
- A tow ring at the front of the boat to run the tow rope through;
- A paddle A paddle with a minimum blade area of 250mmx125mm and minimum length of 750mm;

Replace With:

13. SAFETY (International 505 ONLY)

Each boat shall carry on board at all times while afloat:

- A tow line of at least 10 metres in length and 6mm in diameter;
- A tow ring at the front of the boat to run the tow rope through;
- ~~A paddle~~ A paddle with a minimum blade area of 250mmx125mm and minimum length of 750mm;



HARKEN 2026 FREMANTLE NATIONALS

Incorporating the:
**INTERNATIONAL OK DINGHY, INTERNATIONAL 505 & INTERNATIONAL 470
CLASSES AUSTRALIAN CHAMPIONSHIPS**

17 – 23 January 2026

NOTICE OF RACE

The Organising Authority (OA) is Fremantle Sailing Club (FSC)

Amendments to Notice of Race

Changes to this document are marked in **RED**

The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1

1. RULES

- 1.1. The event is governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2. The International OK Dinghy Class Rules, International 505 Class Rules and International 470 Class Rules apply to their respective classes.
- 1.3. RRS 29.1 is changed so that individual recalls do not apply to gate starts.
- 1.4. RRS 40 is changed so that RRS 40.1 (personal flotation devices) applies at all times whilst on the water.
- 1.5. RRS 41 is changed so that crew can be returned to their boat without penalty.
- 1.6. RRS Appendix T, Arbitration, will apply.

2. SAILING INSTRUCTIONS

The Sailing Instructions will be available from Friday 09 January 2026 on the [Official Notice Board](#).

3. COMMUNICATION

- 3.1. The [Official Notice Board](#) is a virtual Notice Board located at www.2026freonationals.com.au/notices
- 3.2. Notices posted on the [Official Notice Board](#) may also be posted on physical notice boards located at the Dinghy Clubhouse and Sunset Deck.
- 3.3. While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats. This restriction also applies to mobile and any form of GPS device. **[DP]**

4. ELIGIBILITY AND ENTRY

- 4.1. The event is open to boats of the International OK Dinghy, International 505, and International 470 Classes.
- 4.2. All competitors shall be members of a club affiliated with Australian Sailing or a World Sailing MNA, and their respective class associations. Eligible boats may enter by completing the [online entry](#) and paying the required fee. International competitors are eligible to compete but will not be eligible for the Australian Champion title or prizes.
- 4.3. To be considered an entry in the event, a boat shall complete all registration requirements and pay all fees.
- 4.4. Boats shall produce a current valid measurement certificate at registration.

5. FEES

Int OK Dinghy

The entry fee is **\$450.00** per boat until COB on 1st December 2025 after which the entry fee is **\$480.00**

Int 505 & Int 470

The entry fee is **\$500.00** per boat until COB on 1st December 2025 after which the entry fee is **\$590.00**

Cancellation Policy:

Cancellation Date	Entry Fee Refund
Before or on 01 November 2025	100%
After 01 November 2025	50%
After 10 December 2025	0%

6. [NP [DP] ADVERTISING AND BOW NUMBERS

Boats may be required to display advertising and/or bow numbers chosen and supplied by the Organizing Authority

7. SCHEDULE

- 7.1. The schedule of races is as follows:

Day	Date		Time	Event
Saturday	17	January	0900-1200	Registration and Measurement
Sunday	18	January	0900-1200	Registration and Measurement
			1000	Practice Session
			1800	Welcome Function
Monday	19	January	0900	Volunteer Briefing
			0930	Competitor Information Session
			1230	First warning signal
Tuesday	20	January	1230	First warning signal
Wednesday	21	January	1230	First warning signal – 505 & 470 Classes
				Reserve Day – OK Dinghies
Thursday	22	January	1230	First warning signal
Friday	23	January	1230	First warning signal
			1800	Presentations

7.2. Number of races:

Class	Num	Races per day	Races per day maximum
International OK	8	2	3
International 505	10	2	3
International 470	10	2	3

7.3. For the International OK Dinghy Class, an additional race may be scheduled on any day if there is a danger that a series (four races) may not be completed. A maximum of three races per day will be sailed.

7.4. No Warning Signal shall be made after 1600 on Friday 23 January 2026.

~~7.5. The first warning signal for each day will be posted on the Official Notice Board before 1800 hours on the day prior.~~

8. EQUIPMENT INSPECTION

8.1. Measurement checks and inspections may be carried out at any time.

8.2. A boat selected for inspection shall follow the instructions of the Race Committee.

8.3. The following equipment will be inspected or measured:

International OK Dinghy

A maximum of 1 x hull, 1 x mast, 1 x boom, 2 x sails, 1 x centreboard and 1 x rudder.

International 505

1 x hull, 1 x boom, 1 x mast, 1 or 2 x spinnaker poles, 1 x centreboard, 1 x rudder, and 1 or 2 x suits of sails.

International 470

1 x hull, 1 x boom, 1 x mast, 1 spinnaker pole, 1 x centreboard, 1 x rudder, and 1 suit of sails.

9. VENUE

Attachment A shows the location of the Fremantle Sailing Club and the racing area.

10. COURSES

10.1. The courses to be sailed will be trapezoid windward / leeward as detailed in the SIs

10.2. For the International 505 Class, gate starts will be used for all races unless otherwise determined by the Race Committee.

11. PENALTY SYSTEM

11.1. International 505 Class only:

RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

11.2. International 470 Class only:

a) RRS Appendix P, Special Procedures for RRS 42 apply.

b) RRS P2.3 will not apply and RRS P2.2. is changed so that it will apply to any penalty after the first one.

12. SCORING

12.1 International 505 Class

There are up to **10** races scheduled of which **4** races are required to be completed to constitute a series.

a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.

b) When 5 to 8 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

c) When **9** or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.

12.2 International 470 Class

There are up to 10 races scheduled of which 4 races are required to be completed to constitute a series.

- a) When fewer than 7 races have been completed, a boat's series score will be the total of her race scores.
- b) When 7 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

12.3 International OK Dinghies

There are up to 8 races scheduled of which 4 races are required to be completed to constitute a series.

- a) When fewer than 6 races have been completed, a boat's series score will be the total of her race scores.
- b) When 6 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

12.4 International OK Dinghy Handicaps

An averaged back calculated yardstick for the first three races will be calculated for each boat's Race 1 handicap. Handicaps will be adjusted after each race based on performance using Top Yacht's inbuilt Performance Handicapping System (PHS).

13. SAFETY (International 505 ONLY)

Each boat shall carry on board at all times while afloat:

- a) A tow line of at least 10 metres in length and 6mm in diameter;
- b) A tow ring at the front of the boat to run the tow rope through;
- c) ~~A paddle~~ A paddle with a minimum blade area of 250mmx125mm and minimum length of 750mm;

14. SUPPORT PERSON VESSELS [DP]

Refer Attachment B.

15. BERTHING [DP]

15.1. Boats shall be kept in their assigned places while they are in the boat park.

15.2. All trailers may be stored in the areas designated by the OA. Any trailers left outside designated areas may be moved/relocated at the discretion of the OA.

16. RISK STATEMENT

General

RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury.

Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

17. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of AUD \$10,000,000 per incident. Competitors who enter online or sign the entry form are deemed to have declared they hold such cover. Competitors may be required to produce evidence of such insurance and any competitor not holding such cover shall withdraw their entry.

18. PRIZES

Prizes will be awarded as follows:

International OK Dinghy

- a) First three places in the Australian Championship
- b) Highest placed member of a state association with IOKCAA (Australian Championship trophy)
- c) First place on Handicap (Patrick Whittington Trophy)
- d) Highest placed Junior (under 23 yrs on 17/01/2026)
- e) Highest placed Veteran (between 40 yrs and 50 yrs on 17/01/2026)
- f) Highest placed Master (between 55 yrs and 70 yrs on 17/01/2026)
- g) Highest placed Grand Master (over 70 yrs on 17/01/2026)
- h) An Open trophy may also be presented.
- i) Additional prizes may be presented.

International 505

- a) First six places in the Australian Championship
- b) First three places in the Classic 505 Championship for dinghies with a boat number 8600 or older OR a minimum of 90% timber construction.
- c) First in each race
- d) Australian Junior Champion (Juniors is anyone born after 01/01/2000)
- e) Highest place female helm
- f) Appropriate class perpetual trophies will also be presented.

International 470

- a) First three places in the Australian Championship
- b) Australian Junior Champions (under 24 @ 31st Dec 2026)
- c) Australian Women's Champions (if applicable)
- d) Additional prizes may be presented

19. RIGHTS TO USE NAME AND LIKENESS

In participating, a competitor automatically grants to the Organising Authorities, the Coordinating Authorities and the sponsors, the right in perpetuity, to make, use and show, from time to time and at their discretion, any motion pictures, still pictures and live, taped or filmed television and other reproductions of him/her during the period of the competition in which the competitor participates and in all material related to the said Event without compensation.

20. AMENDMENTS

Any amendments to the Notice of Race will be posted on the [Official Notice Board](#).

21. FURTHER INFORMATION

For further information please contact:

Guy Skinner, Regatta Co-Ordinator
Fremantle Sailing Club
Email: regatta@fsc.com.au
Phone: +61 8 9435 8809

Brendon Green or Anthony Galante
International OK Dinghy Association of WA
Email: oksailingwa@gmail.com

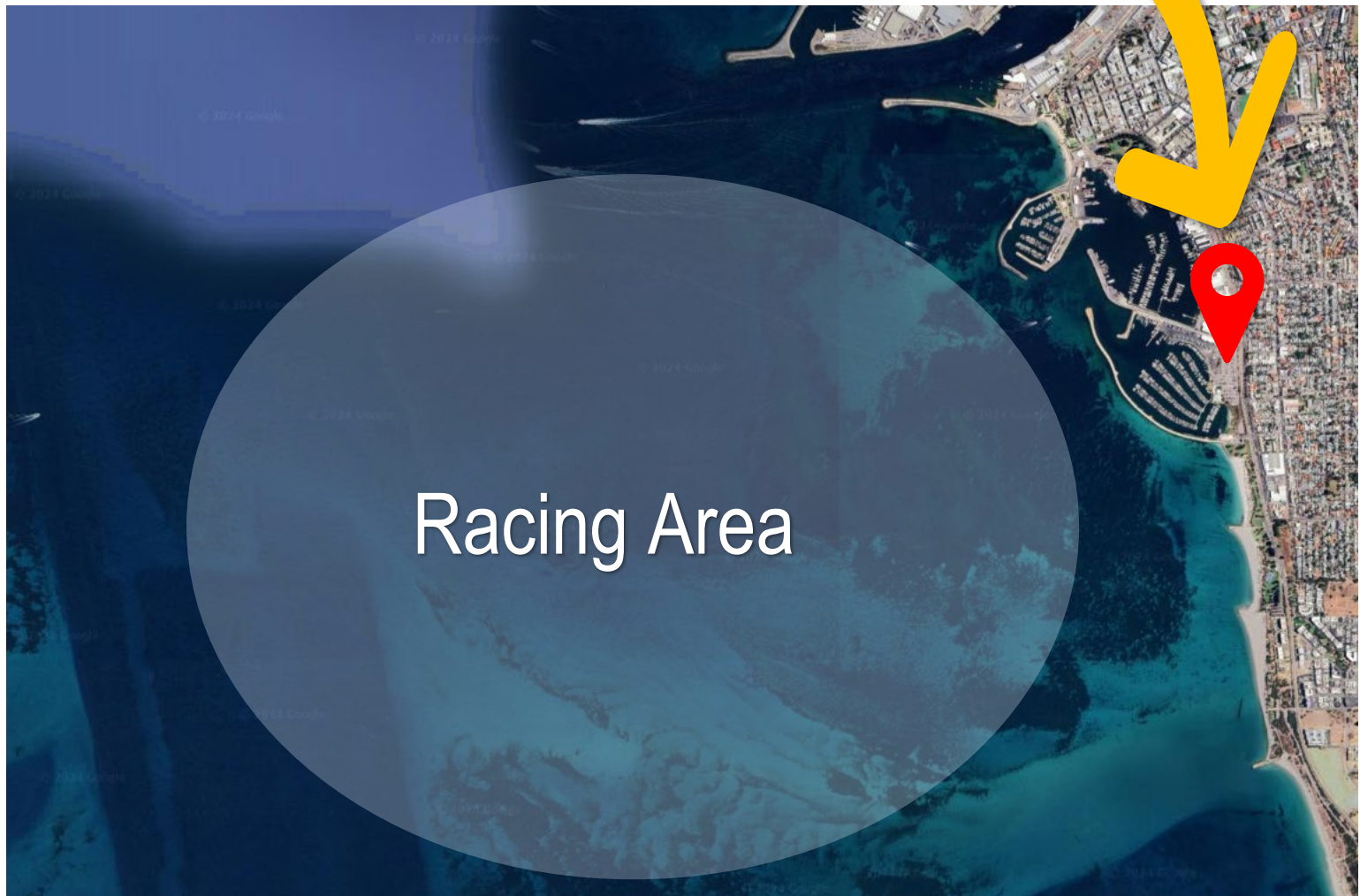
Roger Pell
International 505 Association of WA
Email: rpell@icloud.com

Sophie Jackson
International 470 Class Association of Australia
Email: sophiejackson52972@gmail.com

ATTACHMENT A

Fremantle Sailing Club

151 Marine Terrace, Fremantle, WA 6161



ATTACHMENT B

SUPPORT PERSON VESSELS [DP]

Support Teams, including all Support Persons, Coaches, Team Leaders and their vessels, shall comply with the following:

1. All vessels shall be registered with the OA via the link below:

[Support/Coach Boat Registration](#)

2. All vessels will be required to comply with local marine legislation. Local marine regulations specify the safety equipment to be carried. A copy of the regulations is available at:

<https://www.transport.wa.gov.au/marine/recreational-boating/rules-safety-guides>

3. All vessels shall only be moored in the location as directed by a FSC representative.
4. All vessels shall stay outside areas where boats are racing from the time of the preparatory signal for the first start until all boats have finished or retired or the Race Committee signals a postponement, general recall or abandonment. All Vessels shall keep a minimum of 50 metres to leeward of the start line and its extension and more than 50 metres clear of any racing boat or mark of the course.
5. All vessels shall have a current boat insurance policy with a minimum cover of AUD \$10 million.
6. All skippers and their crews shall wear a personal flotation device securely fastened at all times when afloat.
7. All vessels will be required to assist in the event of an emergency as directed by the Race Management Team.
8. All vessels shall have a working VHF radio and maintain a listening watch on the nominated VHF Channel/s announced at the Volunteers Briefing.
9. All skippers shall:
 - a) attend the daily Volunteers Briefing with the Race Management Team.
 - b) wear an engine kill cord/safety lanyard or automatic engine immobilizer.
 - c) hold a current RST or equivalent powerboat licence.
10. The penalty for failing to comply with the above requirements may, after protest, be the disqualification of all competing boats associated with the infringing vessel.